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| --- | --- |
| **Summary of Combined Risk Factors** | Description: Percentage of population with 0, 1-2, or 3-5 of the following risk factors |
| Instrument question: Current daily smoking Less than five servings of fruit and/or vegetables per day Not meeting WHO recommendations on physical activity for health (<150 minutes of moderate activity per week, or equivalent) Overweight or obese (BMI ≥ 25 kg/m2) Raised BP (SBP ≥ 140 and/or DBP ≥ 90 mmHg or currently on medication for raised BP). |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 1025 | 7.5 | 5.4 - 10.5 | 75.7 | 71.3 - 79.5 | 16.8 | 13.6 - 20.6 |
| 45-69 | 550 | 2.3 | 0.6 - 8.7 | 58.6 | 51.4 - 65.4 | 39.2 | 32.6 - 46.2 |
| **Total** | **1575** | **6.1** | **4.3 - 8.4** | **71.0** | **67.2 - 74.4** | **23.0** | **20.0 - 26.3** |
| Location |  |  |  |  |  |  |  |
| Rural | 855 | 7.5 | 4.8 - 11.6 | 77.3 | 71.6 - 82.1 | 15.2 | 11.5 - 19.9 |
| Urban | 720 | 4.3 | 2.7 - 6.7 | 63.2 | 58.2 - 68.0 | 32.5 | 27.8 - 37.5 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 1731 | 6.2 | 4.5 - 8.4 | 74.6 | 71.2 - 77.7 | 19.2 | 16.4 - 22.5 |
| 45-69 | 1026 | 4.8 | 1.8 - 12.5 | 51.7 | 45.4 - 57.9 | 43.5 | 37.8 - 49.3 |
| **Total** | **2757** | **5.8** | **4.2 - 8.0** | **68.6** | **65.6 - 71.5** | **25.6** | **22.9 - 28.4** |
| Location |  |  |  |  |  |  |  |
| Rural | 1568 | 6.7 | 4.4 - 10.1 | 71.0 | 66.7 - 74.9 | 22.4 | 18.9 - 26.4 |
| Urban | 1189 | 4.4 | 3.0 - 6.5 | 64.6 | 60.8 - 68.3 | 31.0 | 27.5 - 34.7 |

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| **Summary of Combined Risk Factors** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % with 0 risk factors | 95% CI | % with 1-2 risk factors | 95% CI | % with 3-5 risk factors | 95% CI |
| 18-44 | 2756 | 6.7 | 5.3 - 8.4 | 75.0 | 72.3 - 77.5 | 18.3 | 16.1 - 20.7 |
| 45-69 | 1576 | 3.8 | 1.6 - 8.5 | 54.5 | 49.7 - 59.2 | 41.7 | 37.3 - 46.2 |
| **Total** | **4332** | **5.9** | **4.7 - 7.5** | **69.5** | **67.2 - 71.8** | **24.6** | **22.6 - 26.7** |
| Location |  |  |  |  |  |  |  |
| Rural | 2423 | 7.0 | 5.1 - 9.4 | 73.2 | 69.9 - 76.4 | 19.8 | 17.1 - 22.8 |
| Urban | 1909 | 4.4 | 3.2 - 5.9 | 64.0 | 60.9 - 66.9 | 31.6 | 28.8 - 34.6 |